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UITKOMS HOME FOR GIRLS ANNUAL REPORT PERIOD 1 APRIL 2019 TO 31 MARCH 2020

"GIVING OUR GIRLS THEIR LIVES BACK"

Chairperson's Message

Dear valued Stakeholder.

On behalf of the members of the Governing Board of Uitkoms Home for Girls, I present this annual report to give an overview of the achievements and challenges of Uitkoms Home for Girls for the financial year ended 31 March 2020.

1. Overview

Uitkoms has a long tradition of supporting and upholding its values as a Faith Based Organisation (FBO) of the NG Church and driven by its Calling, supporting the churches' mission call and contribute to heal our country, to the glory of God.

We are indeed proudly doing so; from as far back as 1944, when it was established, to provide residential accommodation to pregnant girls and unmarried mothers. Over the years this has broadened to offer comprehensive, holistic, and integrated social services to teenage girls in need by way of emotional, educational, and spiritual care and support, as to equip them to become mature and responsible citizens, girls that has been exposed to abuse, exploitation and neglect of a physical, sexual, or emotional nature.

Uitkoms is unique and one of the very few registered Child and Youth Care Centres (in terms of Section 200 of the Children's Act, Act 38/2005) in also offering accommodation and care to pregnant teenagers.

Uitkoms is registered in terms of the Non-Profit Organisation Act, of 1997 and at the South African Revenue Service as a Public Benefit Organisation with exemption from taxes and duties and approval in terms of Section 18A(1)(a) of the Income Tax Act. Uitkoms further complies with the relevant Sections of the Public Finance Management Act (Act 1 of 1999).

The home is situated in Observatory, Johannesburg, and South-Africa.



2. Product / Service

In terms of our mission, Uitkoms service focus on the following:

Caring: To address the immediate and long-term care needs (physical and emotional) and distress of the girls by providing a secure, safe, and structured domestic environment

Education: To provide opportunities for the girls to achieve their full academic potential within the formal educational system.

3. Values

As part of the Tutela group of faith-based organizations (FBOs), Uitkoms service delivery is founded in the following generic values of the group:

- * Integrity: To live by your word and being honest in what you do and speak.
- * Love: Showing unconditional acceptance and understanding to all irrespective of differences or behaviour.
- * Hope: Creating a better future in which all can prosper in a balanced adulthood.
- * Respect: To respect self, others, property and treat others as you want to be treated.
- * Openness: Disclose all relevant information irrespective of consequences.
- *Personal growth: Constructive efforts to grow personal, emotional, and educational abilities to become mature and responsible citizens.

4. Financial Overview

The greatest crisis facing the NPO sector is the lack of sustainable funding. Corporate and private funding is still diminishing and given the challenging socio-economic and political landscape of South Africa, little to no alleviation is in sight. The Department of Social Development (DSD), who provides a per capita subsidy, regularly cautions the sector to strive for self-sufficiency and sustainability.

The need to generate sustainable sources of income becomes more pressing each year, and Uitkoms is no exception.

The Board has a short and long-term strategy to ensure the economic survival and growth of Uitkoms.

The relationships, both short and long term, with our stakeholders are of utmost importance for achieving our financial goals. The DSD is still a significant partner.

5. Milestones

The excellent pass rate of the school-going girls was encouraging.

The results of our marketing efforts made us proud: We were able to complete building upgrading projects to the value of R 262, 634.00, funded by donors, and upgrade our IT facility with new equipment to the value of R50, 156.00.

6. Acknowledgements

I wish to take this opportunity and express my appreciation to everyone who helped us to realise our objectives. Together we are developing productive self- sustaining future citizens. A sincere thanks to all Board members, employees, the Marketing division, Tutela, donors, volunteers, associates, local churches, and the community we work in. Your support is greatly appreciated.

Date of release of statement

February 2021



1. Introduction

Uitkoms Home for Girls accommodates girls who are generally between the ages of 12 and 18. Most placements come through the courts, or the home is used as a "Place of Safety".

Uitkoms registration as a Child and Youth Care Centre allows it to provide the following programmes to teenage girls: Therapeutic Assessment, (individual and group counselling) Residential Care, Developmental Programmes (Life skills) and Recreational Programmes.

The approved Code of Ethics and Conduct is designed to assure a corporate climate of responsibility, accountability, fairness, and transparency. The Code applies to the Board Members, Employees, Volunteers and Third-Party service providers who have face-to-face contact with clients and employees of Uitkoms. The Code governs the contact with and between all Uitkoms stakeholders.

2. Purpose of Programme

Uitkoms main objective is to offer comprehensive social services to girls in need of care, including the provision of facilities for the protection and care of committed and pregnant girls and adoption or support services to babies born at Uitkoms. The activities to achieve the main objective are covered in section 4 of this report.

3. Mission Statement

To offer physical, psychological, emotional, educational and spiritual care to vulnerable teenage girls as to equip them for an adult life, to develop into productive, self-sustaining future citizens. To "give our girls back their lives", to equip them for re-integration into their communities and, where possible, to find acceptance from their families.

4. Activities and achievements that benefitted our residents

4.1 Objective 1

To provide residential care to vulnerable and pregnant girls. This includes a clean, well-kept, and secure
facility and nutritious meals.

Admissions & Placements:

There were 31 girls cared for during the year under review, 5 of them arrived pregnant, 5 babies were born and placed in foster-care. There were 2 expecting young mothers.

Statistics of the 31 vulnerable girls cared for during the year:

- Twelve children were reported/services rendered regarding being orphans, neglected and/or physical abused
- Nineteen children were reported/services rendered regarding teenage pregnancy and sexual abuse.
- Five Girls in labour were assisted by the Housemother or Assistant Housemother.

4.2 Objective 2

To provide psychosocial services to the girls to enhance their social functioning. Social work services at Uitkoms cover a variety of activities. Once the child has been admitted, a thorough assessment is done, a Care Plan is developed and then an Individual Development Plan (IDP) is established in conjunction with the child. An intervention plan is then drawn up to ensure the implementation of the IDP. It is the duty of the resident social worker to de-traumatize those girls who have been emotionally and/or physically abused. The activities include orientation, therapeutic intervention according to individual needs, group work and general education.



Impact made over the past year:

- The Social Worker held regular interviews with each girl and provided counselling, she also facilitated various group counselling, therapeutic programs, and life skills classes. Thirty-eight (38) IDP Assessments and reviews were conducted; Two Psychological Assessments and two Educational Assessments were completed. IDP's were monitored and relevant interventions were done to promote sustainable exits from the home.
- The conclusion and success of the Care Plan and IDP's lie in the sustainability of the exit plan of the girls from Uitkoms. Through all our activities, Uitkoms strives to provide interventions that will lead to sustainable exits as we strive to develop the girls into productive future citizens. Eleven (11) exit panels were held with all necessary role players. As a result, we had nine (9) successful exits.
- Weekly Life Skills- Emphasis was placed on effective communication, sex education and particularly the
 dangers of sexually transmitted diseases. A considerable amount of literature was distributed and
 explained. Girls are given pocket money as part of life skills, i.e., to teach them budgeting skills, and to
 buy the items they require which are not provided such as airtime, under wear and roll on. Each girl
 receives airtime on her birthday an amount of R34.00.
- Where outside therapy was required, the Social Worker identified the type of therapy required and arranged for visits to an outside professional; five (5) girls were referred for further specialized assessment to other allied professionals (Psychologist and Teddy Bear Clinic).
- Over time, when equilibrium is restored, the Social worker began a development an empowerment program
 so that ultimately a girl can be re-integrated into society and take her place with her family (where possible)
 and in her community.
- Five (5) pregnant girls attended anti-natal clinics regularly. Girls were coached on all aspects of pregnancy
 and motherhood. Five (5) of our girls were assisted with ID applications. One (1) edentulous girl was
 assisted with dental care through the Wits Dental Clinic. She will continue until her teeth problems are
 resolved.
- Three (3) of the girls received medical care at Wits Ear Clinic and they were referred to Charlotte Maxeke Hospital for further treatment.
- 100 % Matric pass rate with 2 girls currently studying at the University of Free State while the other 2 are employed.
- In total Forty-four (44) food parcels were provided to the girls when they visited their families or host families during the school holidays to meet the most basic needs of the girls, especially those who take daily medication.

4.3 Objective 3:

Providing developmental programs for the girls: to enable them to be independent and responsible citizens.

- Seventeen (17) girls attended three (3) different local schools in the community. These schools cater for different needs of education and language.
- Our girls attend extra-mural activities at school and compulsory school outings. These activities enhance the social well-being of the girls.



- The schools provide extra-lessons, and several community members, including Goodie Tutors; have also volunteered to assist with Tutoring. The tutors help to improve the standard of academic performance.
- School uniforms, schoolbooks and stationery were provided to all the girls who attended school.
- During the school terms we provided structured study time and homework supervision which were supervised by the Housemother.
- Twelve (12) girls attended home schooling presented by a trained ABET facilitator. We implement an
 ABET programme for the girls who cannot attend schools due to pregnancy and those who are in
 temporary safe care. Media Works has granted us the use of their Literacy and Numeracy Programme.
 Media Works is accredited by UMalusi. This programme is outcome based and follows the SAQA and
 NQF guidelines.
- Our girls attend church regularly for spiritual growth and development. The girls often get spiritual support from NG Church, Andrew Murray congregation, Cornerstone Church and Mercia Ministries. The journey is not always easy, but as a Christian Organisation we believe it leads to a whole new world of healing and usefulness. This is an integral part of moral and emotional development. We believe it is through spiritual support that our girls are equipped to begin a healing process. Without the spiritual support the very mention of forgiveness may seem unthinkable. They learn to be optimistic, compassionate and are also able to fulfil their ambitions. There are other congregations like Bedfordview Methodist church, Christ Embassy, SDA and Change Bible Church that are involved in more than one way and have helped us to achieve our mission and objectives.
- The local NG church, Andrew Murray congregation, has been involved in the recreational activities offered at the home. On Saturdays, our girls have art classes that are sponsored by the church. Occasionally they also go for outings such as going to a theatre. This contributes to the development of self confidence in our girls and it makes them feel that they are part of society and it also enhances their sense of belonging. Art classes help them to express themselves and to unearth their hidden talents.

4.4 Objective 4

Empowering personnel: through training and the development of teamwork.

Our staff attended available training sessions and meetings. They attended courses for specific training i.e., Basic Fire training, First Aid, Behavioural and Anger Management courses, Substance abuse, Personality Disorder training, Assessment and treatment, Appropriate handling of sexual abuse and molestation and Attachment therapy.

4.5 Objective 5

Maintain sound and effective management practices in respect of administration, finances, personnel, and services.

Administrative systems are constantly monitored and revise to ensure optimum efficiency. We follow our procurement procedures when buying assets and household supplies. Finances are managed transparently. The accounting records are regularly audited, internally and externally. Expenses are closely monitored and controlled. Financial reports are prepared quarterly by the Manager for the Finance Committee. The Inventory of assets is updated regularly.



Financial Challenges

The financial challenges faced by Uitkoms continued during the past year, in that the funding received from the Department of Social Development only covers approximately 53% of the amount required for the running costs of the Home. Donations from the Churches are still diminishing due to the financial pressures on the churches

themselves and donations from the Corporate and Private Sectors are tough to attain. This has forced Uitkoms (and many other NGO's) to make use of their reserve funds to cover deficits. Applications were submitted for Lotto funding but are yielding little results. An effort is being made to approach other large corporations for funding, but due to the number of applications being made to such corporations, responses are slow.

Projects for self-sustainability are always in consideration, finding donors, to fund these projects, are one of the Marketing Committee's challenges.

This having been said, however, Uitkoms have been receiving regular donations-in-kind such as food, clothing, cleaning materials and toiletries as well as voluntary services, which has helped Uitkoms to free up some finances for utilities and maintenance, these continuing donations are truly appreciated

Acknowledgements and thanks

Uitkoms would like to take this opportunity to thank everyone who has helped us to realize our objectives. Together we are developing productive self- sustaining future citizens. A sincere thank-you goes to all Uitkoms employees, Tutela, donors, volunteers, associates, local churches, and the community we work in. Your support is greatly appreciated.

A special thank- you to the following donors:

NG Andrew Murray

NG Brackenhurst

NG Witfield-Wes

NG Towns view

Observatory Estate Resident's Forum (OERF)

Kerry Allemann

Medscheme

The Charl and Emily Fuchs Foundation

Herman Van Velze

Maria Marina Foundation

Diocesan F St Georges

Grand Charity

Temperance Lodge

L S Van Zyl

Goldfields Lodge

Kurt Kirsten Transport

T Q Group

Mercia Scharneck Ministry

Blue Door Brokers

Anina Maree (Jeans for Girls)

Tinka Holloway

Richard Scholes

Department of Social Development, Gauteng: Subsidy



MANAGEMENT AND STAFF

Management Board

Name	Designation			
Dr J Botha	CEO – Tutela			
Mr A E Prakke	Chairperson			
Mrs M Slabbert	Vice Chairperson			
Mr C L Harker	Treasurer			
Mrs C van Rensburg	Secretary			
Mrs A Bosman	Assistant Director of Social Services – Tutela			
Advisory Management Board Members				
Name	Designation			
Mr F A Swanepoel	Staff- Manager (Volunteer)			
Mrs Y Erasmus	Staff- Secretary/Administration			
Mrs N Moyo	Staff- Social Worker			

Staff Members

•	Social Worker	Mrs N. Moyo
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Administration Officer Mrs. Y. Erasmus

House Mother
 Vacant

General Assistant
 Ms. C. Rathepe

Auxiliary Social Worker
 Ms. A. Motau

CONSTITUTION

Uitkoms Home for Girls is managed within the framework of its Constitution.

FINANCIAL REPORT

Auditors

Annual audits are conducted by an independent Auditor, appointed by the Management Board. The Financial Statements for the year ended 31st March 2020 were audited by Kreston Inc. (The Audited financial statements can be viewed on Uitkoms' Website: www.uitkoms.org.za).



Accounting Policies

Accounting is done within the framework of the organisation's Financial and Procurement policies.

Financial Results and Budget

UITKOMS	Results 31 March 2020	Budget 2021
INCOME		
DONATIONS and FUNDRAISING	659,913	274,000
RENTAL INCOME	149,700	170,000
INCOME FROM INVESTMENTS	49,607	35,000
OTHER INCOME GOVERNMENT SUBSIDIES	1,006 1,055,735	1,060,000
TOTAL INCOME	1,915,961	1,539,000
OPERATING EXPENSES		
EMPLOYMENT EXPENSES	974,156	1,033,100
MARKETING & FUND DEVELOPMENT	95,485	49,600
VEHICLE & TRANSPORT EXPENSES	61,067	43,800
OFFICE EXPENSES	42,061	46,400
INSURANCE	52,522	60,000
GROUNDS & BUILDINGS: RENTAL, MAINTENANCE AND UTILITIES	494,295	227,200
HOUSEHOLD & RESIDENT EXPENSES	82,642	67,700
SPECIAL SERVICES: AUDIT FEES, BANK CHARGES & SALARY SERVICES LEVIES	71,571	52,500
DEPRECIATION	94,772	97,700
TOTAL EXPENSES	1,973,571	1,678,000
OPERATING DEFICIT FOR THE YEAR	57,610	139,000

Testimony - Thalente Valentia and Mbalenhle Valentine Mvundle

"We got admitted at Uitkoms during the 2nd quarter of 2016 while we were doing grade 11. The staff and everyone at Uitkoms welcomed us with warmth and they made us feel at home. As a result, we quickly adjusted to the new life in a new environment.

Being at Uitkoms taught us a lot of lessons such as, co-existing with strangers, maintaining relationships with others, and being patience and helpful towards others. It also taught us that some conflicts are not worth it and that you must be wise enough to decide on which ones are those. It taught us that sometimes it is better to be the bigger person and to look at the bigger picture in life.

Uitkoms ensured that our basic needs were always taken care of and that we always went to school. We were also able to study and get all the help we needed regarding academia using tutors and extra classes. Overall, this took us through the completion of matric and as a result, entrance into the university two years ago, which is the steppingstone towards the achievement of our dreams.



In conclusion, this home has really helped us and is still helping us with the likes of transport fees and toiletries. We deeply appreciate the tremendous support, and we are grateful to the Social Worker, the staff, and the stakeholders. You have contributed an optimistic impact in our lives and have helped us reach our goals".



